



THE DECCAN ODYSSEY

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# AYUSH

## SPA MENU





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# INDIAN AROMATHERAPY

Our ancient experts have referred to aroma as ‘Gandha’, which is the driving force of all the subtle energies in the body. Also the touch is referred as ‘Sparsha’, which is the driving force of all the emotions in the mind. Allow the auspicious and skilled hands of our therapists to set a harmony in your body and mind through Indian massages using our bespoke aromatherapy oil blends.

# INDIAN AROMATHERAPY

## **PRITHVI (EARTH) RELAXATION MASSAGE (60 mins.).....5900**

Experience an earthy grounding of the mind while the medium-pressured harmonious hands work on your tired muscles, allowing them to let go of your psycho-somatic stress.

## **APAH (WATER) DETOXIFYING MASSAGE (60 mins.).....5900**

Allow the fluid flow of skilled hands to mobilise the lymphatic circulations that help detoxifying the body.

## **AGNI (FIRE) ENERGISING MASSAGE (60 mins.).....5900**

The medium to high pressure massage that helps enhancing the body metabolism and brings forth the dynamism of mind.

## **VAYU (AIR) FOOT MASSAGE (45 mins.).....4800**

The dextrous hands of our therapists would transport you to the slumber of relaxation while working on your tired feet.

## **AKASH (SPACE) HEAD MASSAGE (30 mins.) .....3200**

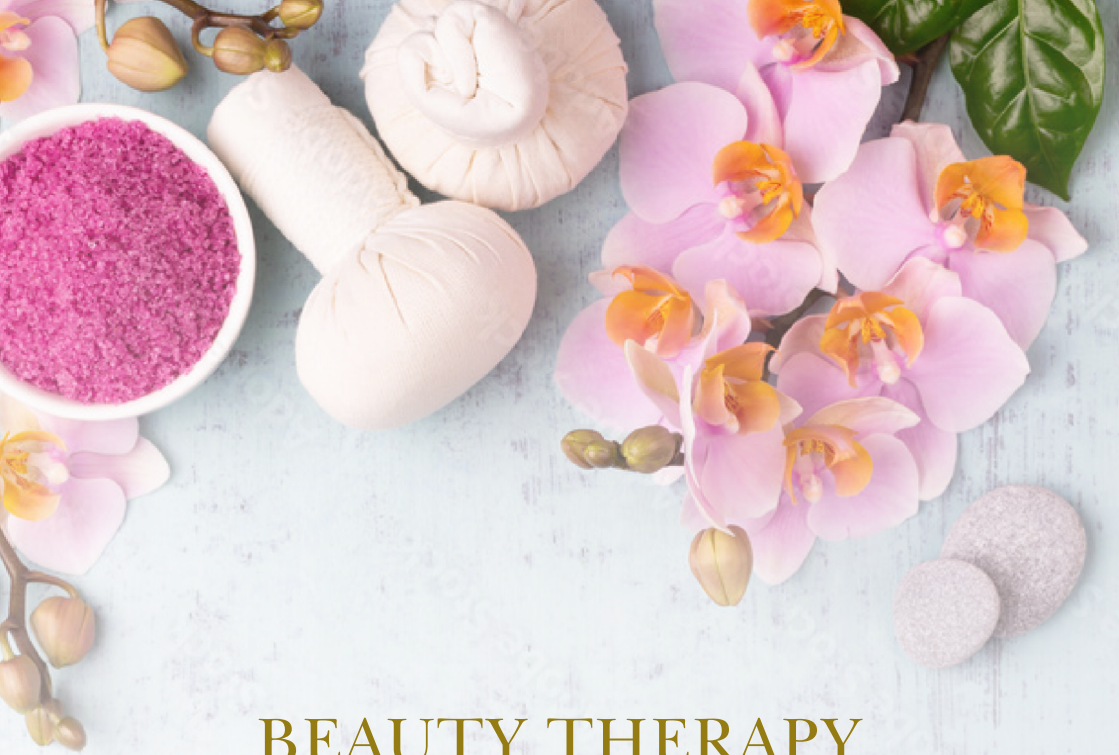
Soft and deep pressure of the firm healing hands on your head, neck and shoulders would leave you refreshed and self-aware

## **VYAANA (THE UNIFYING ENERGY) BACK MASSAGE (30 mins.).....3200**

Let our therapist help you unburden your back of all the stress that you have accumulated subconsciously.

## **UDAAN (THE ENERGY OF KARMA) LEG MASSAGE (45 mins. ).....4800**

Specially prepared essential oils ease the tired muscles of your legs, bringing an ethereal feeling.



## BEAUTY THERAPY

### **PADMA (THE LOTUS FEET) PEDICURE (45 mins. ).....2600**

Our signature pedicure would leave a fresh and pure look on your relaxed feet making them as auspicious as a lotus.

### **ASMI (THE 'ME' ) RADIANT FACIAL (60 mins.) .....6000**

Let the radiance of your soul reflect on your face through our signature facial using the best products and techniques.

### **VARAD (THE BLISSFUL HANDS) MANICURE (45 mins.) .....2600**

Gift yourself perfectly manicured blissful hands through our bespoke products and caring hands of the therapists.

### **AJARA (THE AGELESS) AYURVEDA FACIAL (60. mins. ) .....6500**

The ancient science of Ayurveda brings forth products that subtly nourish your skin and gives you an ageless smile.

# SALON THERAPY

## KESOJ (THE GLORIOUS HAIR)

Hair wash & Blow dry FEMALE.....1800

Hair wash & Blow dry MALE.....1500

## SUKASHA (THE PERFECT HAIR)

Hair Styling..... 2000

## SHUBHRA (THE RADIANCE OF PURITY)

Bleaching (Face & Neck).....1500

Bleaching (Back).....1500







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